Acute kidney injury and distant organ dysfunction–network system analysis

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Acute kidney injury (AKI) occurs in about half of critically ill patients and is associated with high in-hospital mortality, increased long-term mortality postdischarge, and subsequent progression to chronic kidney disease. Numerous clinical studies have shown that AKI is often complicated by dysfunction of distant organs, which is a cause of the high mortality incidence associated with AKI. Experimental studies have elucidated many mechanisms of AKI-induced distant organ injury, which include inflammatory cytokines, oxidative stress, and immune responses. This review provides an update on evidence of organ crosstalk and potential therapeutics for AKI-induced organ injuries, and presents the new concept of a systemic organ network that balances homeostasis and involves multi-organ crosstalk beyond that of the kidney with a single distant organ.

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Acute kidney injury (AKI) occurs in about half of critically ill patients, with high in-hospital mortality and morbidity.¹⁻³ AKI survivors still have increased risk of postdischarge mortality.⁴⁻⁸ progression of prot critically ill patients, with high in-hospital mortality and morbidity. $1-3$ AKI survivors still have increased risk of postdischarge mortality[,4](#page-11-1)–⁸ progression of proteinuria, and chronic kidney disease (CKD) .^{9–[13](#page-11-2)} Although the mechanisms by which AKI leads to death, even when dialysis is available, remain incompletely understood, distant organ injury is considered an important cause, given that dysfunction of multiple organs is often observed in AKI patients, and that the number of injured organs is correlated with mortality. $14,15$ $14,15$ AKI patients requiring intensive care and kidney replacement therapy still have a considerably higher mortality rate than patients with CKD stage $5D₁₆$ $5D₁₆$ $5D₁₆$ indicating that other factors rather than kidney dysfunction contribute to poor prognosis. These findings support the premise that AKIinduced distant organ dysfunction plays an important role in critically ill patients. To date, many studies have elucidated the mechanism by which AKI induces injury and dysfunction in distant organs, including the brain, heart, lung, liver, intestine, and spleen. These mechanisms include inflammatory cytokines, oxidative stress, and immune cell responses.

Previous reviews on this topic have heightened awareness and stimulated research regarding this important prob- $\text{lem}^{17,18}$ $\text{lem}^{17,18}$ $\text{lem}^{17,18}$ $\text{lem}^{17,18}$ More recently, mounting clinical and basic data in this field have led to identification of novel mechanisms; the current review provides an update on this work.

Kidney–lung interactions

Respiratory complications are common in AKI patients. In a prospective observational study conducted in 18 French intensive care units, AKI developed more frequently in patients with acute respiratory distress syndrome (44%), compared with patients without this syndrome $(27%)$.^{[19](#page-11-8)} This study also found that the combination of AKI with acute respiratory distress syndrome was associated with high mortality rates. These findings are consistent with a recent multicenter observation study of the Large Observational Study to Understand the Global Impact of Severe Acute Respiratory Failure (LUNG SAFE) study, conducted in 459 intensive care units from 50 countries. 20 This study showed that patients with any AKI stage had a lower $PaO₂/FiO₂$ (P/F) ratio, a clinical indicator of oxygenation, and higher positive end-expiratory pressure, and that AKI was significantly associated with longer duration of invasive mechanical ventilation, longer hospitalization, and increased mortality.

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These 2 clinical studies highlight the association of AKI and lung injury, although the injury in kidney and lung often occurs simultaneously, and therefore the conclusion could not be clearly drawn that AKI directly affects lung injury.

Respiratory dysfunction with AKI has been commonly believed to be due mainly to fluid overload and cardiogenic pulmonary edema.²¹ However, several studies have demonstrated that additional mechanisms are involved in kidney–lung interactions, including inflammatory mediators, infiltrations of neutrophils and T cells, and enhanced microvascular permeability. $22-25$ Experimental ischemic AKI in rats was shown to increase lung microvascular permeability, pulmonary edema, and microvascular leukocyte sludging with red blood cell rouleaux formation.²² Lung injury also can be induced by bilateral nephrectomy, which suggests that acute uremia can cause lung injury[.26](#page-11-12)[,27](#page-11-13) In addition, interleukin 6 (IL-6), a cytokine increased in experimental and clinical $AKI₂₈$ contributed to lung injury induced by kidney ischemia reperfusion or bilateral nephrectomy. 31 The induction of lung chemokine ligand 1 was involved in IL-6–related lung injury by AKI, and blockade of chemokine ligand 1 and IL-6 attenuated neutrophil infiltration and lung injury.^{[32](#page-11-16)} However, IL-6 also has an anti-inflammatory effect on the lung after AKI via IL-10 production from CD4 T cells. $33,34$ $33,34$

Signaling with Toll-like receptor (TLR) 4 and high mobility group box 1 (HMGB1) plays an important role in kidney–lung interactions. HMGB1, a damage-associated molecular pattern molecule (DAMP) released from apoptotic cells, interacts with TLR4 of target cells, leading to activation of nuclear factor kappa B and inducing immune responses.[35](#page-11-19),[36](#page-11-20) Bilateral nephrectomy induced neutrophil infiltration to the lung, which was reduced in TLR4 mutant mice (C3H/HeJ strain). HMGB1 was elevated after nephrectomy, and HMGB1 blockade attenuated lung injury but only in wild-type mice. 27 However, HMGB1 blockade in an ischemic AKI model reduced pulmonary neutrophil infiltration independent from TLR4. These data suggest that the HMGB1–TLR4 pathway and other HMGB1-dependent pathways exist in parallel and contribute to lung injury induced by AKI.

Neutrophil extracellular traps (NETs) are also involved in AKI-induced lung injury. Activated neutrophils, via innate response to damage-associated molecular patterns produced from the injured organs, release granule proteins and histone. Extracellular histones derived from neutrophils activate TLR2, 4, and 9 expressed in neutrophils, resulting in an amplification of extracellular matrix formation in the distant organ, called NET formation.^{37–[39](#page-11-21)} After kidneys were subjected to ischemia, NETs were detected in the lung and promoted lung injury.⁴⁰ A recent study reported that recombinant thrombomodulin had high affinity for extracellular histone and prevented histone agglutination in the organs. Recombinant thrombomodulin administration either before or 6 hours after kidney ischemia reperfusion injury reduced histone accumulation in the lung and attenuated AKI-induced lung injury in a mouse model, indicating that recombinant thrombomodulin is has potential as a drug for treatment of respiratory failure with $AKI⁴¹$ $AKI⁴¹$ $AKI⁴¹$ Interesting to note is that the protective effect of recombinant thrombomodulin on the liver, but not on the lung, was observed in mice with intestinal ischemia reperfusion. 42

Ligand–receptor pairing analysis is a relatively new technique using bulk or single-cell RNA sequencing to reveal cell– cell interactions.^{[43](#page-12-3),[44](#page-12-4)} This technique was used successfully to elucidate the fact that osteopontin released from injured tubular cells binds to lung macrophages, followed by neutrophil accumulation in the lung.^{[45](#page-12-5)} Kidney-derived osteopontin also triggered lung endothelial barrier dysfunction and vascular leak. Administration of osteopontin antibody reduced the infiltration of macrophages and neutrophils, protected lung endothelial barrier, and attenuated subsequent lung injury. Osteopontin is also a mediator for lung injury induced by intestinal ischemia.^{[46](#page-12-6)}

Metabolites may be a therapeutic target for AKI-induced lung injury and are a promising field of study. Metabolomic analysis revealed increased oxidative stress, a shift to alternative pathways for energy production (glycolysis, tricarboxylic acid cycle and pentose phosphate pathway) instead of oxidative phosphorylation, and adenosine triphosphate depletion in lungs after kidney ischemia.[47](#page-12-7)[,48](#page-12-8) As described below in the kidney–heart interaction section, metabolomic analysis was also reported during AKI-induced heart injury.^{[49](#page-12-9)} Because several organs, including kidney, heart, and liver, are known to have dynamic metabolic changes in response to insults,[49](#page-12-9)[,50](#page-12-10) metabolomic analysis is expected to help clarify the precise mechanisms of organ crosstalk in these organs.

Collectively, as shown in [Figure 1](#page-2-0), basic studies indicate that AKI-induced lung injury is caused by inflammatory cytokines, TLR4 signaling, infiltration of immune cells, and NET formation, resulting in subsequent microvascular permeability and endothelial barrier dysfunction in the lung. This pathophysiology is partly supported by clinical studies showing that AKI worsens the respiratory state and is associated with higher mortality in acute respiratory distress syndrome patients.

Kidney–heart interactions

The interactions between kidney and heart are well studied and are frequently lumped together as cardiorenal syn-dromes.^{51[,52](#page-12-12)} Cardiorenal syndrome is classified into 5 groups based on 2 factors—which organ has the primary dysfunction, and whether the primary organ dysfunction is acute or chronic. Cardiorenal syndrome type 1, in which AKI occurs with acute heart failure, has been reported in many studies, and AKI is considered an unfavorable prognostic factor. $53-56$ $53-56$ However, cardiorenal syndrome type 3, in which acute cardiac dysfunction follows AKI, is less well known. Recent clinical studies demonstrated that AKI affects long-term cardiovascular disease and death.^{[57,](#page-12-14)[58](#page-12-15)} A multicenter prospective matched cohort study (the Assessment, Serial Evaluation, and Subsequent Sequelae of Acute Kidney Injury [ASSESS-AKI] trial) demonstrated that AKI is associated

Figure 1 | Crosstalk among kidney, lung, and spleen. The injured kidney or acute kidney dysfunction produces inflammatory cytokines, including interleukin 6 (IL-6), damage-associated molecular patterns, such as high mobility group box 1 (HMGB1) and histone, and osteopontin. These mediators induce the production of inflammatory cytokines, Toll-like receptor 4 (TLR4) signaling, infiltration of neutrophils and T cells, neutrophil extracellular traps, microvascular permeability, and endothelial barrier dysfunction in the lung, resulting in acute respiratory distress syndrome (ARDS). Altered energy production in the lung induced by acute kidney injury (AKI) may be involved in ARDS. The indirect effect of AKI on the lung is that IL-6 stimulates CD4-positive T cells in spleen to produce interleukin-10 (IL-10), which attenuates AKI-induced lung injury. In addition, macrophage (M φ) expressing α 7 nicotinic acetylcholine receptors (a7nAChRs) stimulated by vagus nerve has a protective role in AKI.

with an increased incidence of heart failure and mortality.^{[59](#page-12-16)} This finding has been associated with an increased angiopoietin-2 level after AKI.^{[60](#page-12-17)} Angiopoietin-2 leads to vascular permeability and capillary loss, promoting interstitial fibrosis in kidney and heart. $61-63$ $61-63$ Additional clinical studies have shown the association of AKI with major adverse cardiac events, including myocardial infarction, ischemic stroke, and peripheral artery disease. $64,65$ $64,65$ $64,65$ However, this association was not significant when adjustment was made for estimated glomerular filtration rate and urine protein-to-creatinine ratio at the 3-month visit in the ASSESS-AKI study. This result suggests that failure of kidney recovery and persistent uremic toxins may be important in long-term cardiovascular risk after exposure to AKI.

When the kidney is injured, a systemic increase occurs in uremic toxins, such as indoxyl sulfate and p-cresyl sulfate, fibroblast growth factor 23 (FGF23), and many other molecules. In vitro experiments showed that uremic toxins can cause vascular inflammation and endothelial dysfunction, [66](#page-12-21),[67](#page-12-22) which can contribute to cardiac dysfunction. FGF23 is a hormone that regulates phosphate dynamics and is elevated in AKI, due to inflammatory cytokines, such as IL-6.^{[68,](#page-12-23)[69](#page-12-24)} FGF23 is secreted from bone in the steady state, $\frac{70}{10}$ $\frac{70}{10}$ $\frac{70}{10}$ and it is also derived from liver via estrogen-related receptor- γ (ERR- γ) during inflammation or $AKI⁷¹$ $AKI⁷¹$ $AKI⁷¹$ An elevated FGF23 level induces left ventricular hypertrophy via the calcineurinnuclear factor of activated T-cells (NFAT) pathway, 72 and it may impair immune function related to infection, such as pneumonia.[73](#page-12-28),[74](#page-12-29) In clinical studies, an elevated FGF23 level in AKI is positively correlated with prolonged hospitalization, severe sepsis, and increasing mortality risk.^{[75](#page-12-30)–79} Thus, cardiac dysfunction induced by AKI may be due partially to liver FGF23 production stimulated by AKI.

Several lab studies have examined mechanisms underlying cardiac changes after AKI. An increase in tumor necrosis factor alpha (TNFa) and IL-1 expression and myeloperoxidase activity in the heart was observed after experimental kidney ischemia.^{[80](#page-12-31)} Myocardial apoptosis was also observed and attenuated by inhibition of TNFa. Another experimental study with kidney bilateral ischemia reperfusion injury showed mitochondrial fragmentation and release of cytochrome C in cardiomyocytes and reduced cardiac function. This study showed that mitochondrial fragmentation is due to increased dynamin-related protein 1, a guanosine trisphosphatase that promotes mitochondrial fission. Dynaminrelated protein 1 inhibitor, $81,82$ $81,82$ and mitochondrial division inhibitor 1, reduced mitochondrial fragmentation and recovered cardiac function.⁸³

A recent metabolomics analysis revealed that a decrease in amino acids, an increase in oxidative stress, and a shift to an anaerobic energy pathway, including glycolysis and a pentose phosphate pathway in the heart, occurred after kidney ischemia reperfusion injury. 49 These changes in metabolites induced adenosine triphosphate depletion in the heart and diastolic dysfunction. Supplementation or depletion of some metabolites may be therapeutic options.

The sympathetic nervous system and the renin–angiotensin– aldosterone system are involved in cardiac dysfunction after AKI. $51,52$ $51,52$ The sympathetic nervous system and the renin– angiotensin–aldosterone system are activated during AKI, [84,](#page-12-35)[85](#page-12-36) and this activation can induce myocyte hypertrophy, apoptosis and necrosis, and upregulation of genes promoting fibrosis.^{86[,87](#page-12-38)} These results support the view that the activation of the sympathetic nervous system and the renin–angiotensin–aldosterone system contributes to cardiorenal syndrome, but direct evidence is still lacking. However, studies have demonstrated that the sympathetic nervous system plays a protective role against cardiorenal syndrome and AKI.^{[88](#page-13-0)[,89](#page-13-1)}

A recent study showed that in mice with kidney ischemia reperfusion or unilateral urinary obstruction, cardiac dysfunction occurred with persistent cardiac inflammation and macrophage infiltration until 28 days. This phenomenon was dependent on galectin-3, as galectin-3 knockout or galection-3 inhibition prevented cardiac dysfunction after $AKI.⁹⁰$ $AKI.⁹⁰$ $AKI.⁹⁰$

Taken together, clinical studies have indicated the cardiorenal interaction that occurs in the acute and chronic phase. Basic studies have revealed that AKI is associated with subsequent inflammation, apoptosis, mitochondrial abnormality, and an altered energy pathway in the heart, resulting in cardiac dysfunction [\(Figure 2](#page-3-0)). Uremic toxins, including

Figure 2 | Crosstalk among kidney, heart, intestine, and liver. Acute kidney injury (AKI) induces an increase in tumor necrosis factor alpha (TNFa) and interleukin 1 (IL-1) expression in the heart, myocardial apoptosis, and mitochondrial fragmentation, resulting in cardiac dysfunction. A shift to an anaerobic energy pathway including glycolysis and the pentose phosphate pathway in the heart occurs in AKI and is involved in diastolic dysfunction. Uremic toxins such as indoxyl sulfate and p-cresyl sulfate may cause vascular inflammation and endothelial dysfunction. Fibroblast growth factor 23 (FGF23), secreted from liver in AKI, may cause ventricular hypertrophy. Inflammatory cytokines cause the intestine barrier dysfunction and increased intestinal permeability, resulting in the changes in gut microbiome called dysbiosis. Dysbiosis is associated with an increase of IL-17A+ CD4+ T cells, which subsequently worsens the injury to kidney and liver. Dysbiosis may reduce the production of short-chain fatty acids (SCFAs), products of gut microbiota. SCFAs play a protective role in attenuating kidney injury by modulating the activity of histone acetyltransferase and deacetylase and inhibiting reduced nicotinamide adenine dinucleotide phosphateoxidase signaling in T cells. Dysbiosis also decreased activity of D–amino acid oxidase and altered D-serine and D-alanine metabolism, which is associated with the degree of kidney injury. AKI directly cause liver injury via increased lipid peroxidation, reduced glutathione, and apoptosis in the liver.

FGF23, may cause vascular inflammation and endothelial dysfunction.

Kidney–liver interactions

Clinical studies demonstrate that hepatic injury and dysfunction are often seen in AKI patients,^{91,[92](#page-13-4)} and *vice versa*.^{[93](#page-13-5)} Patients with both liver injury and AKI have a higher risk of mortality than those with either liver injury or AKI. However, whether AKI directly affects liver function remains unclear from clinical studies. Animal experiments indicate several possible mechanisms by which AKI affects liver function. Inflammatory cytokines have been reported to be involved in liver injury induced by AKI.⁹⁴ Knockout mouse studies have shown that IL-6 and TNF α induced during AKI contribute to liver injury.^{[95](#page-13-7)} IL-17A is also involved in kidney–liver interactions. IL-17A was found to be secreted from intestinal Paneth cells in mice with kidney ischemia reperfusion injury or nephrectomy, and IL-17A decreased in mice with genetically induced Paneth-cell deficiency.⁹⁶ IL-17A derived from intestinal Paneth cells recruits neutrophils in liver and kidney and causes both liver and kidney injury. 97 However, this study 97 unexpectedly found that intestinal Paneth cells could have a protective role against kidney and liver injury. Intestinal TLR9 deficient mice with renal ischemia had exaggerated kidney and liver injury, via the increase of IL-17A and other proinflammatory cytokines in the kidney, liver, and intestine, which demonstrates the complex role of the intestine in AKI.

Oxidative stress also participates in AKI-induced liver injury. Mice with kidney ischemia reperfusion or bilateral nephrectomy had increased lipid peroxidation, reduced glutathione, and apoptosis in the liver. Administration of glutathione attenuated liver injury induced by $AKI⁹⁸$ $AKI⁹⁸$ $AKI⁹⁸$ Another study found that production of inflammatory cytokines, neutrophil infiltration, and apoptosis in the liver after kidney ischemia were suppressed by a genetic fusion protein consisting of human serum albumin and thioredoxin, of which the plasma half-life was 10-fold longer than that of thioredoxin, an antioxidative molecule.^{[99](#page-13-11)} Thioredoxin treatment also attenuates AKI and AKI-induced lung injury in addition to liver injury, suggesting that thioredoxin plays a protective role in multiple systemic biological actions, including reduction of circulating inflammatory cytokines (IL-6 and TNFa).

In summary, although clinical studies show that AKI and liver injury often occur simultaneously, and the causal effect of AKI on liver is not established in patients, laboratory studies demonstrated that AKI may cause liver injury directly, by increasing lipid peroxidation, reducing glutathione level, causing apoptosis in the liver, and indirectly, by the production of IL-17A from intestinal Paneth cells [\(Figure 2](#page-3-0)).

Kidney–gut microbiome interactions

Several lab-based studies have explored the effect of AKI on gut microbiota. Increased inflammatory cytokines in septic

AKI cause injury to cell junctions, disrupt the gut barrier function, and increase intestinal permeability. This process leads to bacterial translocation, the expansion of inflamma-tion, and subsequent immune responses.^{[100](#page-13-12)} In addition, crypt proliferation is decreased, and crypt and villous apoptosis occurs simultaneously via TLR4.[101](#page-13-13) These changes can induce the changes in gut microbiome^{[102](#page-13-14)[,103](#page-13-15)} called dysbiosis. Dysbiosis also can be observed in experimental ischemic and nephrotoxic AKI, particularly in the phyla Actinobacteria, Bacteroidetes, Firmicutes, Tenericutes, and Verrucomicro-bia.^{[104](#page-13-16)} Of note, clear distinctions could be seen in the gut microbiota in ischemic AKI versus cisplatin-induced AKI at the same time points and with similar increases in serum creatinine. A recent study revealed that experimental kidney injury induced by ischemia reperfusion affects the intestinal microbiome by increasing Enterobacteriacea and decreasing Lactobacilli and Ruminococacceae, and increasing intestinal permeability and bacterial translocation.^{[105](#page-13-17)} These changes are associated with increase of IL-17A+ $CD4+$ T cells, and antibiotic-treated microbiome depletion reduces IL-17A+ $CD4+$ T cells with the expansion of regulatory T cells. Another study reported that kidney ischemia induced endotoxemia derived from gut microbiota and that endotoxin subsequently promoted inflammatory cytokines in the kidney. Norfloxacin pretreatment attenuated endotoxemia and improved kidney damage.^{[106](#page-13-18)}

Conversely, the role of the gut microbiome on AKI outcomes was first demonstrated by experiments using germ-free mice.^{[107](#page-13-19)} Germ-free mice with kidney ischemia-reperfusion injury had a higher number of natural killer T cells and increased CD8 T-cell trafficking and inflammatory cytokines, with worse kidney damage after ischemia reperfusion injury, compared to control mice. Reconstitution of germ-free mice using wild-type gut microbiota attenuated kidney injury after ischemia-reperfusion. The importance of gut microbiota on the course of AKI was also confirmed with experiments using antibiotic-induced microbiome depletion.^{[108](#page-13-20)} However, another study demonstrated that antibiotic-induced microbiome depletion improved kidney injury due to reduced levels of macrophages and inflammatory cytokines, including TNFa, IL-6, and monocyte chemoattractant protein-1.¹⁰⁹ The differences between these studies are not clear, although one possibility is that specific antibiotics can selectively deplete injurious bacteria while not depleting protective bacteria. In addition, the immune response in germ-free mice may not be the same as that in wild-type mice, because of the absence of germs since birth.^{[110](#page-13-22)}

The effect of gut microbiota on AKI is attributed partly to short-chain fatty acids (SCFAs), such as acetate, propionate, and butyrate. SCFAs are products of gut microbiota. SCFAs activate various G protein–coupled receptors including GPR43 and olfactory receptor-78, 111 111 111 which modulate the activity of histone acetyltransferase and deacetylase.^{[112](#page-13-24)} Treatment with acetate-producing bacteria protects against kidney ischemia.^{[112](#page-13-24)} SCFAs also modulate immune-cell function. In septic AKI, acetate inhibited reduced nicotinamide adenine dinucleotide phosphate (NADPH)-oxidase signaling in T cells and attenuated kidney injury.¹¹³ In vitro experiments elucidated that SCFAs decreased dendritic cell maturation and inhibited CD4 and CD8 T cell proliferation.^{[112](#page-13-24)} D–amino acid oxidase is another factor in gut microbiota–kidney interaction. AKI induced gut dysbiosis with decreased activity of D–amino acid oxidase and altered D-serine and D-alanine meta-bolism.^{[114](#page-13-26)} Administration of D-serine or D-alanine to mice subjected to kidney ischemia reperfusion improved tubular injury. $114,115$ $114,115$

In summary, AKI causes intestine barrier dysfunction, an increase in intestinal permeability, and dysbiosis, resulting in activation of IL-17A + $CD4+T$ cells, changes in SCFA levels, and activity of D–amino acid oxidase. These mechanisms modify injury responses in kidney and liver ([Figure 2\)](#page-3-0). However, information to date is limited on the interaction between the kidney and the gut in AKI patients.

Kidney–brain interactions

The brain is an important target organ during AKI. A propensity-matched cohort study revealed that AKI was significantly associated with incident stroke long-term after kidney recovery.^{[116](#page-13-28)} The Atherosclerosis Risk in Communities (ARIC) study, which is a large prospective cohort study, showed the high incidence of dementia that occurred over the course of 10 years in AKI patients, and the significant association of AKI with incident dementia, after adjusting with various factors, including apolipoprotein E (APOE) genotypes. 117 A retrospective study demonstrated that AKI was independently associated with sepsis-associated encephalopathy. 118 A well-established finding is that AKI induces electrolyte and metabolic disorders in critical illness, which can cause encephalopathy.^{[119](#page-13-31)[,120](#page-13-32)}

AKI leads to many changes in the brain. After severe ischemic AKI, mouse brains are characterized by increased neuronal pyknosis, increased microglial cells (brain macrophages), leakage in the blood–brain barrier, and inflammation in cortex and hippocampus.¹²¹ In the same study, AKI also led to severe declines in locomotor activity. In another study, i.p. injection of indoxyl sulfate to unilateral nephrectomized mice caused behavioral disturbances with decreased neuronal survival, and neural stem-cell activity.^{[122](#page-13-34)} An *in vitro* study also demonstrated that indoxyl sulfate caused mitochondrial dysfunction and oxidative stress in astrocytes.¹²³ A recent study revealed that aryl hydrocarbon receptor in endothelial cells is involved in cognitive impairment by indoxyl sulfate, 124 and another study confirmed that p-cresyl sulfate had the same effect. 125

However, unlike in CKD, the level of uremic solutes was measured as being low in AKI.¹²⁶ Thus, the encephalopathy by AKI could be from different factors, including proinflammatory cytokines, such as keratinocyte-derived chemoattractant and granulocyte colony stimulating factor $(G-CSF)$.^{121[,127](#page-13-39)} AKI can lead to increased oxidative stress in the hippocampus and frontal area.^{[128](#page-13-40)} Kidney ischemia reperfusion injury also induces apoptosis and neutrophil infiltration in the brain. The brain

injury by AKI was attenuated by NETs and necrosis inhibitors, indicating that brain injury might involve NET formation, although NETs were not detected in the brain. 40 The blood– brain barrier can be also affected by AKI. Uremic solutes were found to modulate the expression of drug transporters, cellular receptors, and cellular tight junction in in vitro and in vivo experiments[.129](#page-13-41) Kidney ischemia reperfusion decreased peroxisome proliferator-activated receptor-gamma coactivator (PGC)- 1α levels in both the kidney and blood–brain barrier. PGC-1 α transfection to ischemic AKI mice decreased brain vascular permeability via the restoration of mitochondrial function and tight junctions.¹³⁰

In summary, clinical studies indicate that AKI is involved in brain functional changes both acutely and chronically. However, the pathophysiology is incompletely elucidated, although experimental studies suggest that the mechanisms include uremic toxins, mitochondrial abnormalities, and NET formation in the brain.

Kidney–spleen crosstalk

The spleen is a large pool of immune cells, and splenocytes play an important role in experimental AKI models [\(Figure 1](#page-2-0)). In ischemic AKI, splenic macrophages with α 7 nicotinic acetylcholine receptors were protective against kidney injury, whereas genetic or pharmacologic depletion of a⁷ nicotinic acetylcholine receptors, or splenectomy, removed the protective effects.^{[131](#page-13-43)[,132](#page-13-44)} Activation of macrophage with α 7 nicotinic acetylcholine receptors is dependent on a choline acetyltransferase-positive CD4+ memory T cell with β 2 adrenergic receptor, which is stimulated by norepinephrine released from splenic nerve.^{[133](#page-13-45)} Stimulated macrophage expressing a7 nicotinic acetylcholine receptors reduced production of inflammatory cytokines and suppressed inflam-mation.^{[134](#page-13-46),[135](#page-13-47)} This anti-inflammatory pathway is elicited by electrical stimulation of the efferent vagus nerve^{[132](#page-13-44)} and is known as the cholinergic anti-inflammatory pathway (CAP). CAP also can be activated with the stimulation of C1 neurons, 136 located in the rostral ventrolateral medulla (RVLM), innervating sympathetic preganglionic neurons in the intermediolateral cell column of the spinal cord as well as neurons in the dorsal motor nucleus of the vagus (where most of the neurons of the efferent vagus nerve originate) and in the paraventricular nucleus of the hypothalamus (the primary driver of the hypothalamic–pituitary–adrenal axis).^{[137](#page-13-49)} A recent experiment using selective optogenetic stimulation (a method to target photosensitive proteins like channel rhodopsin by light) revealed that the protective effect of afferent vagus nerve stimulation for ischemic AKI was dependent on the C1 neurons–sympathetic nerve–splenic nerve axis.^{[138](#page-13-50)}

In an AKI-to-CKD transition model, splenic lymphocytes could contribute to the development of albuminuria after AKI.^{[139](#page-13-51)} The spleen is also involved in ischemic pre-conditioning during AKI.^{[140](#page-14-0)} Splenocytes also play a role in sepsis and septic AKI. Cecal ligation and puncture, one of the sepsis models, induced splenocyte apoptosis via TLR9.^{141–143} Apoptotic splenocytes produced IL-12, IL-17A, and high mobility group box 1, which are proinflammatory cytokines causing tubular damage in sepsis.^{[142](#page-14-2),[144](#page-14-3)[,145](#page-14-4)}

Splenocytes affect not only kidney but also other distant organs in AKI. Lung injury induced by AKI is partly attributable to IL-6, and is limited by IL-10, the production of which is stimulated by IL-6.^{[34](#page-11-18)} A recent study^{[33](#page-11-17)} found that IL-10 was produced from macrophage, B cells, and T cells. In experiments with CD4 knockout mice, the level of IL-10 was significantly reduced in the spleen, which induced the increase of serum and lung chemokine ligand 1 and lung injury. These studies emphasize the importance of splenocytes in the pathophysiology of lung injury induced by AKI.

The spleen is involved in iron homeostasis. Iron is stored in hepatocytes as well as hepatic and splenic macrophages. Hepcidin is released from the liver and regulates systemic iron levels by degrading the iron exporter ferroportin, subsequently reducing the influx of iron into plasma from the stored cells. 146 In a kidney ischemia reperfusion model, circulating iron levels increase and the splenic iron level

Figure 3 | Organ network disruption. The network analysis, the method to evaluate the connectivity among multiple nodes (organs), reveals whether interorgan associations are preserved or disrupted. This figure shows examples of mild, moderate, and severe disruption of the organ network that would be observed in critically ill patients.

AKI, acute kidney injury; ARDS, acute respiratory distress syndrome; ARIC, Atherosclerosis Risk in Communities; CI, confidence interval; CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; FiO₂, fraction of inspiratory oxygen; HR, hazard ratio; ICU, intensive care unit; PEEP, positive end-expiratory pressure; RRT, renal replacement therapy; SWEDEHEART, the Swedish Web-system for Enhancement and Development of Evidence-based care in Heart disease Evaluated According to Recommended Therapies.

decreases with upregulation of ferroportin in splenic macrophage, indicating that kidney injury induces the iron release from spleen. $147,148$ $147,148$ Excessive iron causes production of reactive oxidative stress, lipid peroxidation, and subsequent fer-roptosis, one of the emerging new mechanisms in AKI.^{[149](#page-14-8)[,150](#page-14-9)} Hepcidin administration degraded the expression of ferroportin in splenic macrophage and attenuated acute kidney injury. 147

In summary, recent basic studies indicate that spleen has multiple roles in AKI and distant organ injury, including both the protective effect of specific types of macrophages or T cells and the harmful effect of production of inflammatory cytokines and iron metabolism. Clinical data on spleen in AKI are limited. Further studies are necessary to elucidate the pathophysiology of immune responses and iron metabolism in spleen related to AKI.

Kidney–muscle crosstalk

Recent clinical and experimental studies suggest that kidney and skeletal muscle interact. Skeletal muscle weakness and wasting occurs in critically ill patients with AKI, resulting in lower quality of life and lower levels of activity.^{[151](#page-14-10)} Although muscle wasting in AKI is less studied than that in CKD, suggested mechanisms include rapid activation of protein degradation and decrease of muscle synthesis. In experiments with bilateral ureteral obstruction or unilateral ischemia with contralateral nephrectomy, the level of phosphorylated Akt in muscle decreased, and expression of mediators of muscle wasting increased, indicating that muscle synthesis is inhibited during AKI. Muscle levels of IL-6, light chain 3B-II (LC3B-II), and the ubiquitin protease system are also increased in AKI, suggesting that AKI induces inflam-mation, autophagy, and protein degradation in muscle.^{[153](#page-14-12),[154](#page-14-13)} Muscle also may affect the progression of AKI to CKD. In experiments using mice with overexpression of $PGC1\alpha$ in skeletal muscle, kidney fibrosis was suppressed 7 days after folic acid nephropathy. PGC1a induced elevated circulating irisin, a myokine, inhibiting transforming growth factor beta signaling in tubular cells, and preventing fibrosis after kidney insult.[155](#page-14-14) In clinical studies, preexisting frailty, a state of reduced physical reserve, is a factor for poor prognostic for short- and long-term mortality in AKI patients.^{[156](#page-14-15)} A point to note is that kidney function evaluation by serum

Figure 4 | The impact of acute kidney injury (AKI) on distant organs. AKI-induced injury to distant organs is mediated primarily by inflammatory cytokines, including interleukin 1 (IL-1), IL-6, monocyte chemoattractant protein-1, and tumor necrosis factor alpha, damage-associated molecular pattern molecules (DAMPs), and pattern-associated molecular patterns (PAMPs) released from the injured kidney. Immune cell infiltration to distant organs is also involved. In this model of direct damage by AKI (red arrow), the response originates directly from the injured kidney. Recent studies reveal that some distant organ injury can be affected by other distant organ injury induced by AKI. For example, the role of intestine-derived IL-17A production or immune cells modulated by AKI on liver injury has been elucidated. $96,97$ $96,97$ The lung injury induced by AKI is regulated by splenocyte-derived IL-10, which is upregulated by AKI via the increase of circulating IL-6. 33 This type of distant organ damage is indirectly affected by AKI through other distant organ injury and can be called indirect damage by AKI (blue arrow). Moreover, clinical studies indicate that multiple organs mutually compensate the stress to each organ to survive and maintain the homeostasis, $158,159$ $158,159$ $158,159$ although the precise mechanisms remain unknown (dotted arrow). CNS, central nervous system.

Table 2 | Suggested mediators and potential therapeutic targets

⁽Continued on following page)

Table 2 | (Continued) Suggested mediators and potential therapeutic targets

Table 2 | (Continued)

BM, bone marrow; CX3CR1, C-X3-C motif chemokine receptor 1; CCR2, C-C motif chemokine receptor 2; CXCL1, chemokine ligand 1; DRP1, dynamin-related protein 1; EMSA, electrophoresis mobility shift assay; G-CSF, granulocyte colony stimulating factor; HMGB1, high mobility group box 1; IL, interleukin; IS, indoxyl sulfate; LC3B-II, light chain 3B-II; MCP1, monocyte chemoattractant protein 1; NET, neutrophil extracellular trap; NF-kB/DNA, nuclear factor kappa beta/DNA; PGC1, peroxisome proliferator-activated receptorgamma coactivator; SCFA, short-chain fatty acid; SPECT-CT, single-photon emission computed tomography; TGF, transforming growth factor; TLR4, Toll-like receptor 4; TNF, tumor necrosis factor; TUNEL, terminal deoxynucleotidyl transferase biotin-dUTP nick end labeling; ^a7nAChR, ^a7 nicotinic acetylcholine receptor.

creatinine levels will be less reflective of glomerular filtration rate, given muscle reduction in AKI. Significant falls in serum creatinine level that persisted to hospital discharge were reported particularly in survivors of AKI.^{[157](#page-14-18)} Taken together, basic and clinical data suggest that AKI and skeletal muscle changes are linked.

Multiple-organ crosstalk in AKI

AKI patients often have multiple organ dysfunction, rather than single-organ injury. This finding suggests a model in which AKI induces systemic responses in inflammatory and immune systems and subsequently causes other organ injuries. Recent studies have demonstrated this concept of crosstalk among multiple organs, using a new approach called organ network analysis. The network analysis aims to evaluate the connectivity among multiple nodes (organs). When connectivity among some nodes is strong, these nodes are treated as a cluster. A larger number of clusters indicates that the network is disrupted and fragmented, and smaller numbers indicate that the nodes are tightly connected [\(Figure 3\)](#page-5-0). This network analysis was applied to adult critically ill patient data and revealed that 2 organ-system networks exist in critically ill patients—the respiratory–renal–inflammatory and the cardiovascular–hepatic–coagulation. These 2 organ networks were found to be balanced and connected to each organ in survivors, whereas in nonsurvivors, these networks are disrupted.^{158[,159](#page-14-17)} These finding support the view that death will occur when organs lose their ability to respond concordantly to stress and fail to maintain systemic stability. However, data are limited regarding the precise mechanisms by which singleorgan injury such as AKI leads to multiple-organ injury and death.

Summary and perspectives

AKI is a major morbidity and mortality multiplier in critically ill patients, and an unacceptably high mortality rate of severe AKI has been reported, even with the availability of dialysis. This finding indicates that AKI may not be just a single-organ injury but may amplify multiple-organ injuries. Representative clinical evidence on AKI-related organ injury is shown in [Table 1](#page-6-0). Increasing experimental data are revealing the pathophysiology of the interactions between kidney and other involved organs ([Figure 4](#page-7-0)) and identifying possible mediators and potential therapeutic targets

[\(Table 2](#page-8-0)). A point to note is that many different mechanisms are contributing to many different organ injuries both simultaneously and one after another. Comprehensive and integrated analysis for the disease trajectory of multipleorgan failure will be the next step for future research. Network analysis recently identified that organ-network disruption might be associated with death in critically ill patients; however, data supporting this concept reported to date are limited. Future studies are needed to elucidate the mechanism of not only 2-organ crosstalk but also crosstalk with the organ network. Recent studies on the single-cell transcriptome of human peripheral blood cells in septic patients revealed that specific types of monocytes or neutrophils are associated with illness severity and may be involved in the pathophysiology of multiple-organ injury.^{160[,161](#page-14-20)} Further studies targeting inflammatory reactions by immune cells are necessary to elucidate organ-network mechanisms. Such studies will help in development of therapeutic strategies against AKI and distant organ injury.

DISCLOSURE

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